

Culinary Historians of New York presents

**"George Washington Carver:
Botanist, Teacher, Inventor, and—Cookbook Writer?"**

with Elizabeth Simms

recipient of the 2006 CHNY *Amelia Scholar's Grant*

Thursday, June 5, 2008

George Washington Carver is well known as an agricultural researcher and educator and as the man who promoted the peanut. Carver, born into slavery, dedicated himself to improving conditions for the rural Black community while at the Tuskegee Institute (now University) in Alabama. He encouraged people to grow crops that were both nutritious for the farmers and beneficial for the soil depleted by decades of cotton farming, and he issued 44 bulletins filled with not only his agricultural findings but also recipes – for example, *How to Grow the Cowpea and 40 Ways of Preparing It as a Table Delicacy*. Carver recognized the importance of the palate in trying to convince a newly freed people to try something new. Join Elizabeth Simms, recipient of CHNY's 2006 *Amelia Scholar's Grant*, as she discusses Carver's role as a recipe writer for the Black farming community.

Having worked in four New York City restaurants, Elizabeth M. Simms is now a personal chef, caterer, culinary writer, and teacher. Cooking always interested her (culinary shows on PBS were among the few TV programs her mom allowed her to watch growing up), and after graduating from Brandeis University, she returned to her early passion. Nearly five years later, Elizabeth continues to enjoy her culinary journey.

Location:

International Wine Center
350 Seventh Avenue, #1201 (betw 29/30th Sts)
New York, NY 10001

Time:

6:30 pm Check-In and Reception | 7:00 pm Lecture

Fee:

\$20 Non-Members and Guests | \$10 All CHNY Members

Please note special reduced fees for members and non-members.

For further information, see <http://www.culinaryhistoriansny.org/events>

PLEASE RESERVE BY MONDAY, JUNE 2.

"George Washington Carver"

Click here to buy tickets securely online: <http://www.brownpapertickets.com/producer/7199>

Or, to pay by check, please complete this form and send with check payable to:

Culinary Historians of New York
150 East 93rd Street #10B
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Please note special reduced fee for this program.