

CULINARY HISTORIANS OF NEW YORK  
present

**SPECIAL BOOK EVENT**

**WASHOKU: Recipes from a Japanese Kitchen**

**By Elizabeth Andoh**

**Wednesday, April 26<sup>th</sup>**

Author and journalist—and CHNY member—Elizabeth Andoh has made Japan her home since 1967, and is considered the leading English-language authority on Japanese food and culture.

In her newest book, *Washoku*, Andoh reveals the spirit of traditional Japanese home cooking and writes of authentic recipes and personal stories that only an insider could share. The book makes Japanese cooking simple and understandable. The essentials of the Japanese pantry are illustrated in full-color photographs with an extensive resource section on ingredients and equipment.

Join us as we learn the meaning of Washoku and the philosophy of the Japanese culinary aesthetic. And you'll be sure to learn some new Japanese home recipes, as well. Author will sign books following the lecture.

**Members: \$30 includes the lecture and a copy of the book. (Seniors & students included)**

Time: 6:30 sign in 7:00 lecture  
Location: ICE (Institute of Culinary Education)  
50 West 23<sup>rd</sup> Street (bet. 5<sup>th</sup> & 6<sup>th</sup>)

*Coming up: May 10 - History of the Whiskey Rebellion – William Hogeland  
June 7 - Dining with Don Quixote – Janet Mendel*

For up-to-date information click on "events" at [www.CulinaryHistoriansNY.org](http://www.CulinaryHistoriansNY.org)

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Name \_\_\_\_\_ Tel \_\_\_\_\_

**Members \$30 includes book \_\_\_\_\_ Members, no book \$25 \_\_\_\_\_**

**Senior and Student Members, no book \$22 \_\_\_\_\_**

**Guests \$40 includes book \_\_\_\_\_ Guests, no book \$35 \_\_\_\_\_**

Please make checks payable to Culinary Historians of New York and send to

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