

THE CULINARY HISTORIANS OF NEW YORK

present

Sandra Sherman discussing

Fresh From the Past: Recipes and Revelations from Moll Flanders' Kitchen

Thursday, April 21, 2005

Location: Park Avenue Methodist Church
86th St. at Park Ave. (bet. Lexington & Park)

6:30: Reception and refreshments
7:00: Lecture

The 1700s and 1800s were an exciting time, when Britain exploded with culinary potential. Exotic fruits, spices and sweets were imported from the East and the colonies. Pineapples, nutmeg, mace, and, especially sugar, were particularly prized. Cooks began experimenting with the ingredients, creating new dishes, enhancing old ones, and writing cookbooks. It became fashionable - and the sign of an enlightened housewife - to know how to cook (or how to train her kitchen help). French, Spanish, Italian, German, and even Polish fare entered the picture and influenced the British cook's techniques.

Sandra Sherman, a food and culture historian and a professor of British Literature at the University of Arkansas, uses recipes from 18th century cookbooks to bring that century to life.

She has created a picture of what Moll Flanders -that infamous heroine of 18th century literature - would have cooked in her own kitchen. Sherman will discuss with us how the recipes of this newly cosmopolitan British public reveal a wealth of information about the culture, society, and geopolitics of the day.

Books will be available for purchase at the program.

For reservations go to "events" at www.culinaryhistoriansNY.org
or call 212-334-1061

Coming up: May 5 – *History of an American Icon: Fried Chicken* - John T. Edge
June 7 – *Pig Perfect - Encounters with Remarkable Swine* – Peter Kaminsky

**** For program updates go to www.culinaryhistoriansNY.org ****

Questions about the program should be directed to Linda Pelaccio 212-334-1061

Name _____ Ph # _____

Member @ \$25 _____ Student/Senior member @\$22 _____ Guest @\$30 _____

TOTAL \$ _____

Please make checks payable to **Culinary Historians of New York** and mail to
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